

# Pause and Play Mug Mat *by craftystaci*

*I designed this mug mat as a reminder that even though we have to pause some things right now, the day will come when we can play again!*



To make this Pause and Play Mug Mat you'll need:

- cotton fabric for the heart, background, and back
- cotton fabric for the binding
- wool or felt for the pause and play symbol appliqué
- perle cotton or embroidery thread
- fusible web
- batting

Cut the following:

heart

two—2 1/2 x 2 1/2"

four—3 1/8 x 3 1/8"

one—4 1/2 x 4 1/2"

background

two—2 1/2 x 2 1/2"

four—3 1/8 x 3 1/8"

four—2 1/2 x 1 1/2"

appliqué (wait to cut these until instructed)

two—3/4 x 2 1/2"

one—1 3/4 x 1 3/4" (cut in half diagonally, only use one half)

back and batting

9 1/2 x 9 1/2"

binding

2 1/2 x width of fabric

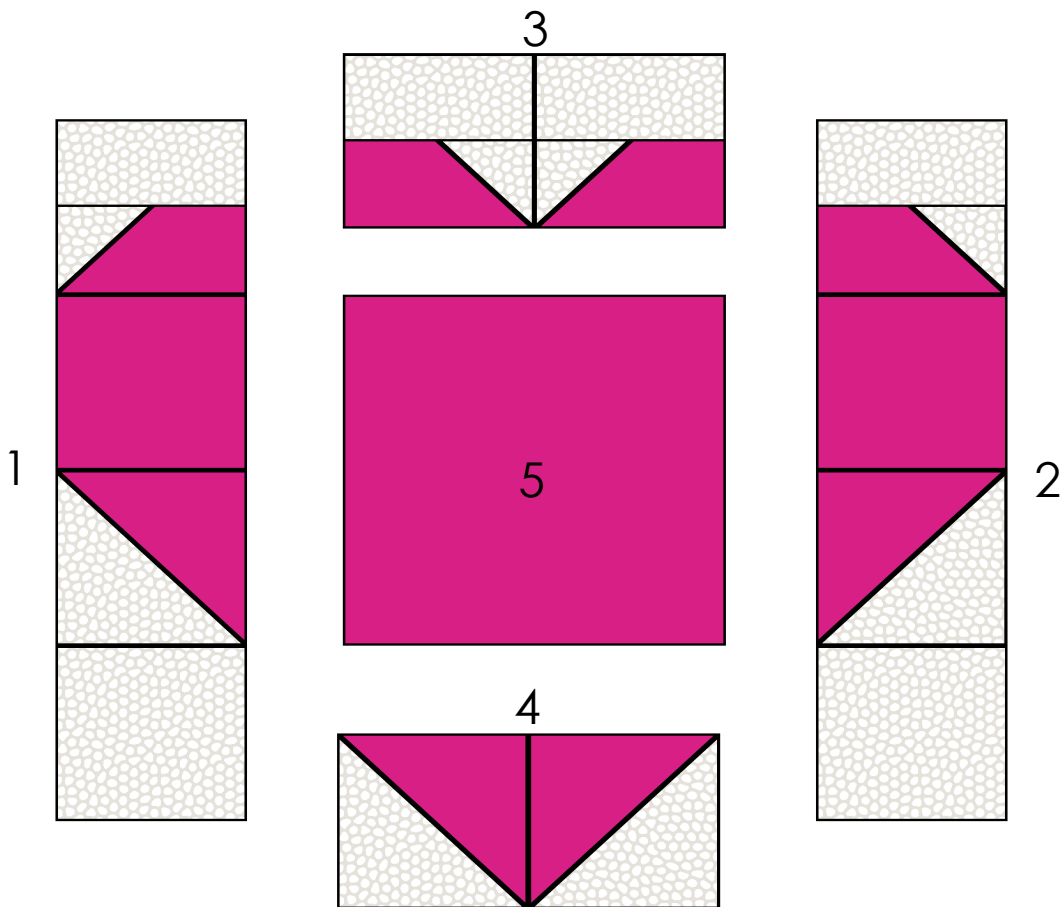
All seams are 1/4" and pressed toward the darker fabric.

Draw a diagonal line on the back of each 3 1/8" heart square. Pin one with right sides together to one background square and stitch 1/4" from the drawn line on each side. Cut along the line. Repeat with the remaining three 3 1/8" sets.

Trim all eight half square triangles to 2 1/2". Lay out two of the squares with the heart fabric pointing to the lower left. Cut 1" off the top edge, so 1 1/2" remains. Repeat with two more squares, but with the heart fabric pointing to the lower right. Discard the upper 1" portions of all four.

With the heart sections still pointing in the directions they were when they were cut, sew a 2 1/2 x 1 1/2" background piece to the top of each one. This should bring the four squares back to 2 1/2 x 2 1/2".

Lay out the pieces to match the diagram, then sew the squares together to create each section shown below:



Stitch sections 3 and 4 to section 5. After pressing, sew sections 1 and 2 on to the sides.

For the pause symbol appliqué, draw two 3/4 x 2 1/2" rectangles and one 1 3/4" square, cut in half diagonally (you'll only need one half), onto the paper side of the fusible web. Press to the wool or felt. Cut out. Remove the paper, place on the heart, and press. Hand stitch in place with the perle cotton or embroidery thread using your favorite stitch.

Layer the backing with wrong side up, batting, and the heart with right side up. Pin and quilt as you'd like. Trim away the excess batting and backing to match the front, approximately 8 1/4" square.

Bind the mug rug as desired.